

# Religious Education Goals by Grade

Parents are asked to teach their children the following prayers and discuss the following with their children.

Please contact the Religious Education Office if you need additional resources.

1st

Grade

## Memorize

- Sign of the Cross
- Hail Mary
- Glory Be
- Our Father

## Discuss

- Creation
- Church
- Parts of the Mass
- Baptism
- Trinity

2nd

Grade

## Memorize

- Act of Contrition

## Discuss

- Reconciliation
- Sin
- Examination of Conscience
- Eucharist
- Real Presence

3rd

Grade

## Memorize

- Apostle's Creed
- Seven Sacraments

## Discuss

- Worship
- Mass
- Sacraments of Initiation
- Old Testament
- New Testament

4th

Grade

## Memorize

- Ten Commandments
- Beatitudes

## Discuss

- Corporal and Spiritual Works of Mercy
- Paschal Mystery
- Vocations

5th

Grade

## Memorize

- Mysteries of the Rosary
- Nicene Creed

## Discuss

- Liturgy of the Word
- Liturgy of the Eucharist
- 4 parts of the Old Testament
- 4 parts of the New Testament

# Resources

Sign of the Cross: In the name of the Father and of the Son, and of the Holy Spirit. Amen.

## Our Father

Our Father, Who art in heaven Hallowed be Thy Name; Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

## Hail Mary

Hail Mary, full of grace. Our Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

## Glory Be

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end.

## Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

## Sacraments

The Church celebrates seven sacraments, which are divided into three categories.

1. Sacraments of Initiation: Baptism, First Holy Eucharist, and Confirmation
2. Sacraments of Healing: Reconciliation or Confession and Anointing of the Sick
3. Sacraments of Vocation: Matrimony and Holy Orders

## The Joyful Mysteries

1. The Annunciation  
Mary learns that she has been chosen to be the mother of Jesus.
2. The Visitation  
Mary visits Elizabeth, who tells her that she will always be remembered.
3. The Nativity  
Jesus is born in a stable in Bethlehem.
4. The Presentation  
Mary and Joseph take the infant Jesus to the Temple to present him to God.
5. The Finding of Jesus in the Temple  
Jesus is found in the Temple discussing his faith with the teachers.

## The Mysteries of Light

1. The Baptism of Jesus in the River Jordan  
God proclaims that Jesus is his beloved Son.
2. The Wedding Feast at Cana  
At Mary's request, Jesus performs his first miracle.
3. The Proclamation of the Kingdom of God  
Jesus calls all to conversion and service to the Kingdom.
4. The Transfiguration of Jesus  
Jesus is revealed in glory to Peter, James, and John.
5. The Institution of the Eucharist  
Jesus offers his Body and Blood at the Last Supper.

## The Sorrowful Mysteries

1. The Agony in the Garden  
Jesus prays in the Garden of Gethsemane on the night before he dies.
2. The Scourging at the Pillar  
Jesus is lashed with whips.
- The Crowning With Thorns  
Jesus is mocked and crowned with thorns.
- The Carrying of the Cross  
Jesus carries the cross that will be used to crucify him.
- The Crucifixion  
Jesus is nailed to the cross and dies.

## The Glorious Mysteries

1. The Resurrection  
God the Father raises Jesus from the dead.
2. The Ascension  
Jesus returns to his Father in heaven.
3. The Coming of the Holy Spirit  
The Holy Spirit comes to bring new life to the disciples.
4. The Assumption of Mary  
At the end of her life on earth, Mary is taken body and soul into heaven.
5. The Coronation of Mary  
Mary is crowned as Queen of Heaven and Earth.

## Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.

God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

[At the words that follow up to and including "and  
became man," all bow.]

and by the Holy Spirit  
was incarnate of the Virgin Mary, and became  
man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy,  
catholic and apostolic Church.  
I confess one baptism  
for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## Apostle's Creed

I believe in God, the Father Almighty, Creator of  
heaven and earth; and in Jesus Christ, His only  
Son, our Lord: Who was conceived by the Holy  
Spirit, born of the Virgin Mary; suffered under  
Pontius Pilate, was crucified, died and was buried.  
He descended into hell; the third day He rose  
again from the dead; He ascended into heaven, is  
seated at the right hand of God the Father  
Almighty; from thence He shall come to judge the  
living and the dead. I believe in the Holy Spirit, the  
Holy Catholic Church, the communion of Saints,  
the forgiveness of sins, the resurrection of the  
body, and life everlasting. Amen.

## The Beatitudes

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.  
Blessed are they who mourn,  
for they will be comforted.  
Blessed are the meek,  
for they will inherit the land.  
Blessed are they who hunger and thirst for  
righteousness,  
for they will be satisfied.  
Blessed are the merciful,  
for they will be shown mercy.  
Blessed are the clean in heart,  
for they will see God.  
Blessed are the peacemakers,  
for they will be called children of God.  
Blessed are they who are persecuted for the sake  
of righteousness,  
for theirs is the kingdom of heaven.